

U3A Seymour & District Inc
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NOTICEBOARD

AUGUST 2025

President's Message

Well, the middle of winter has passed and we are now on the way to spring! Congratulations to all those folk who have seized the opportunity to have time away in warmer places. For the rest of us, the aim is to ward off the cold, keep ourselves active and discover interesting things to occupy us, even if it's just catching up with reading.

I trust that you have a good look at our 2nd Semester Timetable. Remember that we have a couple more sessions with Barry to get our photos off our devices and into more organised places. We must be showing our age as we all agreed that there is nothing quite like an album that tells a story and helps us relive past adventures. Your Fascinating Brain recommences Thursday 28th August.

We are still looking for someone who would be willing to give us a few hours of assistance to create a new/revised brochure. Let me know on 0425 755 093 if you are the one.

In case you haven't heard. The Seymour Community House has a lunch on the 1st and 3rd Thursdays of each month. It costs \$5 and you need to book (5792 3152) by the Monday beforehand. There is a free food bank Mondays – Thursdays also. Call for details.

REPEAT - Keep your eye out for an opportunity to put your views forward in relation to the Community Hub. The final consultation from the Mitchell Shire Council, asking for feedback, should be out soon. It might just be a venue that you, or an organisation in which you participate, would find very useful.

Reports from Groups

Garden Group

Free Plants

The Garden Group is in recess for the month of July but would like to offer to U3A members some free plants, as listed below.

Flowering Ginger

Gaura – butterfly bushes, pink and white colour

Christine's rooted grape vine cuttings x 6

Penstemons – dark red

Pineapple lilies

Aster Orpheus (blue colour, deciduous, small daisy)

Artichokes – plants and seed

Asparagus x 1

Bearded Iris – lots

Achillea

Plants will be available while stocks last, or until 8th August. Please ring Pam

0437 377 479 to arrange pick up or delivery.

20th August meeting. Details will be forwarded directly to members.

Til next time, Happy Gardening

Pam

Matinee

Next session: August 21 at 1.30pm,

In the late winter months of 1801, a man named Lockwood rents a manor house called *Thrushcross Grange* in the isolated moor country of England. Here, he meets his dour landlord, Heathcliff, a wealthy man who lives in the ancient manor of *Wuthering Heights*, four miles away from the *Grange*. In this wild, stormy countryside, Lockwood asks his housekeeper, Nelly Dean, to tell him the story of Heathcliff and the strange denizens of *Wuthering Heights*. Nelly consents, and Lockwood writes down his recollections of her tale in his diary; these written recollections form the main part of *Wuthering Heights*.



Music Logic

Our Beginners' class has begun, however, if you would like to join us, we can organise for someone to "catch you up". It's lots of fun and an amazing opportunity to learn from John Barton, the man who created this learning method. Please contact me (0425 755 093) if you would like to join.

Irene (on behalf of the Music Logic group)

General Items

Some, maybe, helpful articles from U3A Network Victoria:

❖ Tech Corner Facebook Site

The more U3A members who join, the more they can help and share. The Facebook page is: <https://www.facebook.com/groups/2957658941217497>

If you aren't already a member, then click on "join" to join the fun.

❖ U3A 2025: Jewish Scriptures and Writings

Tutor Dina Burgess - U3A Network Victoria Tutor Recognition Award Recipient, 2022

Weekly via Zoom (year long course)

Wednesdays 10.30am - 12.30pm

This is a thematic study of the Tanach (Hebrew Bible). Beginning with the Torah, we will deepen our understanding of selected chapters and verses. We will use texts from two other sections of the Tanach, namely the Prophets and the Writings. Topics will include free will and God's role in history; idolatry and the problem of evil; war and peace; affluence and human hubris; gratitude and the sin of joylessness; and stewardship of God's gifts. Run by U3A Waverley, members of other U3As can enrol as Distance Members without charge. To enrol contact u3awaverley@u3awaverley.org.au

❖ Australian of the Year Awards Now Open

Nominations for the 2026 Australian of the Year Awards are now open. Celebrate the achievements and contributions of extraordinary Australians by nominating someone in your community today. There are four award categories:

Australian of the Year

Senior Australian of the Year (aged 65 years or over)

Young Australian of the Year (aged 16 to 30)

Australia's Local Hero

The Senior Australian of the Year award recognises those Australians, aged 65 and over, who continue to achieve and make a difference.

See Them. Hear Them. Nominate them for the 2026 Australian of the Year Awards at australianoftheyear.org.au/nominate.

Only those who dare to fail greatly, can ever achieve greatly.

– Robert F. Kennedy

All notices for the next Noticeboard need to be emailed to U3A (seymu3a@gmail.com) **and** Heather (123hbee@gmail.com) on or before

August 20th

If you have any photographs of any activities, or busy groups, please email them to U3A **and** Heather.

Noticeboard will be sent out on **August 27th.**